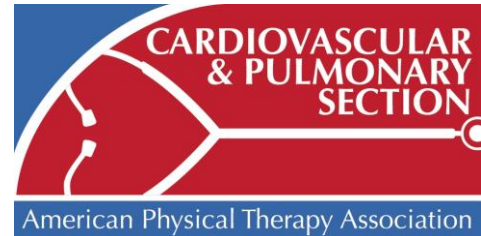


April, 2016

# Cardiovascular and Pulmonary Section Electronic Newsletter

## Table of Contents

- Section Member Profile – Carmen Oguz, PT, DPT, MBA, CWS, WCC
- Congratulations – CSM Award Winners and Anne Swisher
- New CCS and Re-Certified CCS
- Call for Nominations – Elections and Awards
- Welcome to New Section Members
- Research Corner
- Highlight – Mr. Brad Cooper, OT



## Letter from the CV&P Section President

Dear Section Members:

Happy Spring to all. As I wrote this, Colorado was bracing for the 2<sup>nd</sup> spring blizzard of 2016 – no kidding!

Since our last newsletter, I had the privilege of attending CSM 2016 in Anaheim, CA. For those of you who were able to attend CSM 2016, I'm sure you will agree that the conference was another smashing success thanks to the outstanding work of our education committee. At CSM 2016, we hosted a new informal event as a way to engage CVP Section members – we called the event a "Coffee Meet and Greet" - and I think it was another of CSM's "smashing successes". We hope to continue with this event in the future.

If you attended the CVP Section Business Meeting, you would have heard that the CVP Section Board of Directors is in the process of revising the CVP Section Strategic Plan which will guide our activities over the next 3 to 5 years. We also created and debated new Mission and Vision Statements, as well as an update to our Organizational Values. In this newsletter, I would like to introduce the new Cardiovascular & Pulmonary Section Mission Statement: "Optimizing human movement and health by advancing cardiovascular and pulmonary physical therapist practice, education and research excellence."

A mission statement communicates the purpose of an organization by concisely outlining the goals and objectives of that organization. I believe we have captured the ambitions of the CVP Section in this statement – we will promote excellence in practice, education and research for all physical therapists and physical therapist assistants which will positively impact all of our stakeholders – from our patients to our referral sources to APTA to our legislatures to our section members.

In future newsletters, you will hear more about the strategic plan. I value your comments. As always, I encourage you to feel free to contact me if you have any questions, concerns or if you would just like to chat.

Cheers,  
Daniel Malone PT, PhD, CCS  
President



## Section Member Profile

### Carmen Oguz, PT, DPT, MBA, CWS, WCC



In fall 2015, Carmen Oguz, PT, DPT, MBA, CWS, WCC, applied to and was selected for an international volunteer assignment in St. Lucia in the Caribbean. Oguz was approved for the assignment due to her dual credentials as a physical therapist and a wound care specialist.

The volunteer organization with whom Oguz collaborated is called Health Volunteers Overseas (HVO), an organization in which she has been a member for almost 10 years. For the past 28 years, HVO has been dedicated to improving the availability and quality of health care through the education, training, and professional development of the health workforce in resource-scarce countries. HVO has developed assignments for healthcare professionals to complete in 29 countries around the world.

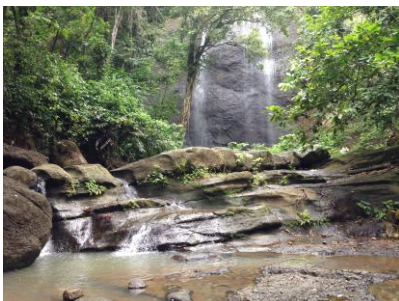
Although not part of her work assignment, Carmen solicited donations of medical supplies to take with her including wound care supplies, orthopedic supplies, and dialysis kits. Due to the generosity of several companies, Carmen was able to stuff seven pieces of personal luggage with medical supplies to present to personnel at St. Jude. The original St. Jude Hospital in St. Lucia experienced a major fire September 9, 2009. Since the fire in 2009, the hospital has been operating out of the George Odum Stadium a few miles away from the original hospital site. The use of the stadium was only meant to be temporary. However, almost seven years after the fire, the hospital is still functioning at the track-and-field, Olympic training site b.

Oguz stated, "Similar to the United States, we treated patients in the St. Lucian clinic who had sustained fractures caused by severe car accidents- the roads were very narrow and winding in St. Lucia. Unsimilar to the United States, I treated people there who had fallen out of coconut trees and broken several limbs in the process."

All volunteers are expected to teach. Carmen had intended to teach them about Negative Pressure Wound Therapy (NPWT), but her equipment and supplies did not arrive. She therefore, had to teach NPWT using only the supplies and equipment that the hospital had available. She found herself in a situation where she had to educate herself to create a "wound vac" from scratch. Fortunately, her experiment was a success, and Oguz was able to create a safe, duplicable method in which to render negative pressure therapy in St. Lucia. Oguz stated, "This is one of accomplishment of which I'm most proud." She quipped, "When life hands you a heavy, tabletop suction device, make a wound vac out of it." Oguz plans to return to St. Lucia in the future to see how the wound vac use has impacted the healing progression of wounds.

Oguz is the Vice President of Service Line Development and Director of Rehabilitation for North Sunflower Medical Center in Ruleville, Mississippi, and is a Healthcare Consultant with Sunflower CAH Management Group. She is a member of the American Physical Therapy Association, the Mississippi Physical Therapy Association where she is both the Federal Affairs Liaison and the Delegate, is the president of the Drew-Ruleville Rotary Club and the District 6800 Membership Chair, is a Subject Matter Expert for the National Alliance of Wound Care and Ostomy, is a legal medical expert, and is the treasurer/substitute pianist for the Linn United Methodist Church. **SEE PAGE 5 FOR MORE PICTURES FROM CARMEN'S EXPERIENCE**

*"Although I didn't really know what to expect, I found more similarities than differences. The people were friendly. The outpatient PT clinic and wound care practices that I witnessed paralleled the standard of care to which I'm accustomed. Except for the constant reminder that the hospital was housed within a stadium, I could have very well been practicing in any physical therapy clinic right in the United States."*



Please send in names of CV&P Section Members that you think should be profiled.

We are looking for all types of members to be profiled, not just someone who has published a lot or has a recognizable name. All of our section members do important work for our profession and we want to show that off. Send the name and contact info to [bartlop@dyc.edu](mailto:bartlop@dyc.edu).

## CONGRATULATIONS!



**Congratulations to the 2017 Linda Crane Lecture Award:**  
**Anne Downs, PT, PhD, MPH, CCS**  
**We look forward to Anne's lecture at CSM 2017**

**CSM Merit Award Winner**  
**Kristin Lefebvre, PT, PhD, CCS**



**CSM Mentor Award Winner**  
**Paul Ricard, PT, DPT, CCS**



**CSM Friend of the Section Award Winner – Brad Cooper, MOT, OTR/L CLT, CEAS, ABDA**



### CSM research awards

**PLATFORM RESEARCH AWARD:**

**Effects of Early Exercise-based Cardiac Rehabilitation on Functional Capacity in post-event CAD patients: A randomized controlled trial.** Hadadzadeh, MH; Maiya, AG; Shad, B; Mirbolouk, F; Padma KR; Devasia, T; Raman, VG; Borkar, S; Nair, S; Guddattu, V.

**STUDENT RESEARCH AWARD**

**High Intensity Interval Training vs. Continuous Training in a Rat Model of Pulmonary Hypertension: Impact on Aerobic Capacity, Hemodynamics, and Right Ventricular Remodeling.** Graber, J; Gladish, B; Neves, Eo N; Novack, R; Fisher, A; Presson, R; Petrache, I; Lahm, T; Kline, J; Brown, MB.

**POSTER RESEARCH AWARD**

**Clinical investigation of a daily walking program plus L-arginine supplementation for the treatment of pulmonary arterial hypertension.** Kempf, A; Collins, C; Gupta, S; Hellman, Y; Hadi, A; Farber, M; Lahm, T; Brown, MB.



**Congratulations to**  
**Anne Swisher, PT, PhD, CCS**  
**who was named a Catherine Worthingham Fellow of APTA (FAPTA)**



## New Board Certified Specialists and Re-Certified Specialists

Jennifer Labrenz Anderson, PT, DPT, CCS  
 Matthew L. Bowman, PT, DPT, CCS  
 George Benjamin Coggeshall, Jr, PT, DPT, CCS  
 Sagan Anne Everett, PT, DPT, CCS  
 Rebecca Phipps Johnson, PT, DPT, CCS  
 Karlyn Jean Schiltgen, PT, DPT, CCS, OCS  
 Julie Marie Skrzat, PT, DPT, CCS  
 Jessica L. Taylor, PT, DPT, CCS  
 Amy Lee Toonstra, PT, DPT, CCS

April Louise Blandford, PT, DPT, CCS  
 Rachele Ann Burriesci, PT, DPT, CCS, GCS  
 Patrick James Cornelius, PT, DPT, CCS, ATC, CSCS  
 James R. Halbert, III, PT, DPT, CCS  
 Georgiana Martinez, DPT, CCS  
 Richard S. Severin, PT, DPT, PhD(c), CCS  
 Kristin Marie Story, PT, DPT, CCS  
 Aaron Heisey Thrush, PT, DPT, MPH, CCS

### Re-Certified Specialists

Pamela Bartlo, PT, DPT, CCS  
 Rohini Chandrashekar, PT, MS, CCS  
 Varsha Kanvinde, PT, MSc, CCS  
 Debra Parrott, PT, CCS  
 Paul Ricard, PT, DPT, CCS  
 Janet Waldmann, PT, MS, CCS

Bobby Belarmino, PT, DPT, MA, CCS  
 Francine Felice, PT, MPT, CCS  
 Lauren Mellett, PT, DPT, CCS  
 Christiane Perme, PT, CCS  
 Kara Schworm, PT, MSPT, CCS

#### Call for Nominations for Linda Crane Award

The history and criteria of the award are available on the Cardiovascular & Pulmonary Section webpage and directly on pdf (<http://www.cardiopt.org/pdf/awards/LINDA-CRANE-AWARD.pdf>).

Nominations due by November 2016 to Paul Ricard at [captain\\_ricard@hotmail.com](mailto:captain_ricard@hotmail.com).

#### Call for Nominations for CV&P Board Elections

**Positions open for 2016 election:**

**Treasurer and Nominating Committee Member**

If interested, contact Tara Farhner, Nominating Committee Chair at [tara.m.dickinson@gmail.com](mailto:tara.m.dickinson@gmail.com).



**Call for Nominations for Section Merit and Mentor Awards, as well as the Friend of the CV&P Section Award. For more information, check out the website at [http://cardiopt.org/section\\_awards.php](http://cardiopt.org/section_awards.php) or contact Tara Farhner at [tara.m.dickinson@gmail.com](mailto:tara.m.dickinson@gmail.com).**

**Let's recognize some of the amazing people that contribute to our section!**

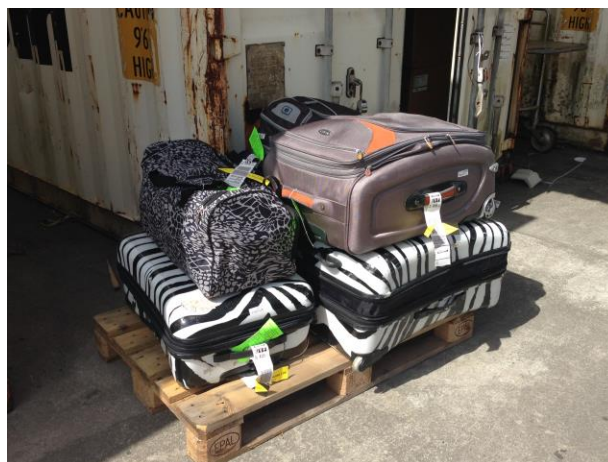


Follow us on Twitter @cardiopulmAPTA.  
 Like us on Facebook at Cardiovascular and Pulmonary Section of APTA





## Carmen Oguz's Experience in St. Lucia



- Pictures left to right from top row down:
- Temporary Site of St. Jude Hospital – St. Lucia
  - Some of the luggage packed with medical supplies
  - Equipment used to make a wound vac
  - Carmen with some of the PT staff
  - Carmen and her family enjoying sites in St. Lucia

# Welcome New CVP Section Members Joining January-March 2016

Mary G. Fischer, PT, DPT, GCS  
 Renee Carol Van Couyghen, PT  
 Jay Underhill, PT, MPT  
 Gaye G Weigand, PT  
 Vicki Jo Sigman, PT  
 Stefanie A. Basinger, PT  
 Holly Elizabeth Pillsbury, PTA  
 Germaine Ferreira, PT  
 Winston Pearson, PT  
 Kelly D. Alvord, PT  
 Carol A. Haines, PT, MPT, CEEAA  
 Michele Anne Yax, PT  
 Laurie Endres, PT  
 Kristen Lager Morse, PT  
 Donald LeRoy Allen, PT  
 Palanichamy Chandran, PT,DPT  
 Shannon D. Fraikes, PT  
 Kenneth Lamar Eddy, PT  
 Karen Sue Tucker, PT  
 Lindsay Elizabeth Fetzer, PT  
 Ashley Rae McDonald, PT, DPT  
 Sheena O'Shaughnessy MacFarlane, PT  
 Mary Lee Meza, PT, MS, Cert MDT  
 Chitra Tirupathur Srinivasan, PT  
 Patrick Eugene Murphy, SPT  
 Evan Lawrence Prost, PT, DPT, GCS  
 Emily Valentine, PT  
 Rebecca Lee Monaghan, PT  
 Carling Elizabeth Butler, PT, DPT, MSCl  
 Lorice P. Eby, PT, DPT  
 Leonard Pressley, Jr, PT, DPT  
 Helen C. Tsuda, PT

Stephen Cameron Ramsey, PT, DPT  
 Ashley Parish, PT  
 Eydie A. Kendall, PT, PhD, PCS  
 Patsy Ann Cantor, PT, DPT  
 Rebecca A. Chittum-Burkholder, PT, DPT  
 Brodie Wayne Miller, PT, DPT  
 Bradley Ryan Shockley, PT, DPT, HFS  
 Kathryn Kelly Carley, PT, DPT  
 Nolan Carol Wright, PT, DPT, ATC, LAT  
 Ross Stephen White, PT, DPT  
 Brenda O'Neil, PT, DPT  
 Kyle Wayne Hopfensperger, PT  
 Joseph Allen McCarty, PT, DPT  
 Christina Ann Fabiochi, PT  
 Michael Richard Saccone, Jr, PT  
 Maggie Roseann Miller, PTA  
 Linda Jean McFadden-Tidd, PTA  
 Dang Minh Ngo, PT  
 Maria Jocelyn Bozard, PT, CLT  
 Erin Calkin, PTA  
 Sean Michael Vitale, PT,DPT  
 Melissa Marie Stoeger, PTA  
 Joshua Rufus George, PT  
 Amanda Frazier, PT, DPT  
 Amy Lee Toonstra, PT, DPT, CCS  
 Claire Pirnie, SPT  
 Jonathan Michael Wheeler, SPT  
 Gina M Pottkotter, SPT  
 Jessica Short, SPT  
 Hyeyon Im, SPT  
 Eden Berhe, SPT

Amy Elizabeth Flick, DPT, CLT  
 Jossue Ivan Morales, SPT  
 Michael Naanes, SPT  
 Brandon DeMille, PT  
 Edward Nober, PT  
 Christopher Fast, SPT  
 Ricardo Felix Vazquez, PTA, NREMT-B  
 Manan Ashokkumar Shah, Physical  
 Therapy  
 Amanda R. Sternberg, PT, DPT  
 Blesilda Boroero, PT, GCS, CEEAA  
 Megan Noel Lauver, SPT  
 Ashley Maria Grebe, DPT  
 Curtis R Huppert, PT  
 Christopher Ciccarella, SPT  
 Francesco Vaccaro, SPT  
 Douglas Andrew Cordel, SPT, BS,  
 ACSM EP-C  
 Matthew Vincent Koziol, BS  
 Ruben Omar Banuelos, ATC  
 Stephen Wallace Peacock, PTA  
 Shirley Jergenson, PT  
 Ji'Lynda Matilda Walls, MPH, CHES  
 Paul D. Andrew, PT, PhD  
 Sarah Marie Dickson, SPT  
 Jacob John Flint, PTA  
 Nicole Ramos, SPT  
 Liliana Jimenez, SPT  
 James McHugh, SPT  
 Mary McIntyre, SPT  
 Carol Passarelli, SPT  
 Andres Monge, SPT, BS  
 Mason Douglas Hill, SPT

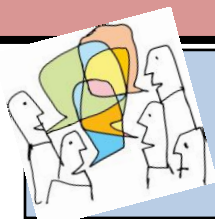
## WELCOME



**Don't forget to send in any research articles that may be of interest to other section members. Here are two current articles that may be of use to members.**

Malamud AL, Ricard PE. Feasibility of the Six-Minute Walk Test in Ambulatory Patients With Cystic Fibrosis Requiring Mechanical Ventilation Prior to Lung Transplant. Phys Ther. 2016 Feb 25 [epub ahead of print].

Goodwin L, Ostuzzi G, Khan N, Hotopf MH, Moss-Morris R. Can We Identify the Active Ingredients of Behaviour Change Interventions for Coronary Heart Disease Patients? A Systematic Review and Meta-Analysis. PLoS One. 2016 Apr 22;11(4):e0153271. doi: 10.1371/journal.pone.0153271.



*Join the Cardiovascular and Pulmonary Section ListServ*  
 Click on the link below to request membership on the listserv.  
<https://groups.yahoo.com/neo/groups/cardiopt/info>.

April, 2016

**Friend of the CVP Section Award Winer  
Bad Cooper, MOT, OTR/L, CLT, CEAS, ABDA**

At CSM 2016 in Anaheim, CA, the CVP Section recognized and awarded the Friend of the CV&P Section to Mr. Brad Cooper, OT.


This award was created to acknowledge an individual, group or organization who has made outstanding and enduring contributions to the practice of cardiovascular and or pulmonary rehabilitation and who has been an advocate of the CV&P Section or the profession of physical therapy. Mr. Cooper has a unique and varied background as it relates to cardiovascular and pulmonary health. Per the recommendation letter from CVP section member Carmen Cooper Oguz, PT, DPT, MBA, CWS, WCC, as a leader at North Sunflower Medical Center in Mississippi, Mr. Cooper was instrumental in the creation and ongoing success of inpatient and outpatient cardiac rehabilitation programs. Mr. Cooper continues to be the director of these cardiac rehab programs which use the expertise of the physical therapists in the rehabilitation department at North Sunflower.

Next on Mr. Cooper's agenda is the creation of a pulmonary rehabilitation program. Speaking of pulmonary health, Mr. Cooper was instrumental in the development, accreditation and ongoing success of a sleep lab that was established at North Sunflower Medical Center. In fact, Ms. Oguz and Mr. Cooper worked together with the Board of Registered Polysomnographic Technologists (BRPT) to allow the recognition of occupational and physical therapists as healthcare professionals who could be eligible to become registered polysomnography technologists (RPSGT).

Thank you Mr. Cooper for the outstanding work you have done and the work you continue to do on behalf of patients with cardiovascular and pulmonary health issues. Mr. Cooper is truly a worthy recipient of the FRIEND OF THE CARDIOVASCULAR AND PULMONARY SECTION.

**Help us at the  
CV&P Section  
booth at Annual  
Conference: June  
8-11 in  
Nashville, TN.**

**Watch your e-mail  
for the link to the  
sign-up sheet on  
the website.**

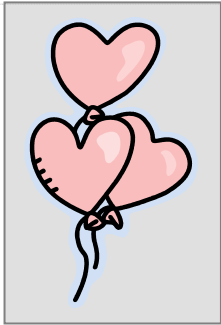


**We're on the Web!**

*Don't forget to check out  
the CV&P Section Website  
Go to [www.cardiopt.org](http://www.cardiopt.org)*

If you do not wish to receive e-newsletters from the section in the future please send a note to [www.bartlop@dyc.edu](mailto:www.bartlop@dyc.edu).

If you have something that you would like to submit to the e-newsletter in the future, please forward it to [www.bartlop@dyc.edu](mailto:www.bartlop@dyc.edu).



**Cardiovascular and Pulmonary  
Section American Physical  
Therapy Association**

**1055 N Fairfax Street, Suite 205  
Alexandria, VA 22314  
Phone: 800/999-2782, ext. 3284**